



PWCA

Pennsylvania Wrestling
Coaches Association

Preserving
and Promoting
Wrestling in
Pennsylvania

Dear PA Wrestling Coach:

The sixth annual **Pennsylvania Wrestling Coaches' Convention – Presented by BRUTE** will be held on – **October 17-19, 2008**. You don't want to miss this Convention. This year's Convention has the potential to be the **BEST EVER!** We have scheduled the best coaches, speakers, and trainers in Pennsylvania – maybe in the Nation.

College Coaches:

- Pat Santoro (Lehigh University)
- John Smith (Oklahoma State)
- Ben Askren (University of Missouri)
- Randy Stottlemeyer (University Pittsburgh)
- Kerry McCoy (University of Maryland)
- Rick & Rocky Bonomo (Lock Haven University)

High School & Club Coaches:

- Chris Como (AA Coach of the Year)
- _____ (AAA Coach of the Year)

Special Speakers:

- **Dan Gable**
- Doc Hosage (PIAA Rules Interpretation)
- Dermatologist
- Eric Childs

All of these coaches will be here to share their knowledge and expertise on the following topics: Technique; Strength Training; Club & Youth Wrestling – “Peaking” Your Wrestlers for the Post-Season; Rules; Weight Certification; Question & Answer; and Skin Problems. This Convention has a mission to improve Pennsylvania wrestling by being the best Convention in the Country – giving coaches access to the best coaches and trainers we can find.

Coaches all know the best way to improve their wrestlers is to have them practice with and wrestle great competition – **steel sharpens steel**. This concept also applies to coaching – come learn from the best – have fun – and rub elbows with the greatest personalities in wrestling.

Back by great demand: We will have our buffet dinner (steak & ribs) for the Friday night coaches' social, as well as breakfast and lunch buffets and banquet on Saturday.

When: Friday, Saturday & Sunday (October 17, 18, 19, 2008)

Where: Holiday Inn – Grantville, PA

Brochures/Registration Forms: Watch your mail and obtain forms on BRUTE's website: www.brutewrestling.com.

Questions & Brochures: email: fiskwk@epix.net

'See you in October!

- Walt

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