

USA Wrestling Women's National Duals Recap

Last week our Junior and 14u Girls Teams travelled to Tulsa, Oklahoma for the 2019 USA Wrestling Junior National Duals Championships, which included a 14u Girls tournament for the first time ever. 16 Junior Womens teams competed and 7 14u Girls teams. Our Junior Women took 10th in the tournament losing to tournament champion Illinois, Florida (6th) and Kansas (9th). 14u girls placed 4th out of 7 teams but also had 3 forfeits on the roster. Both teams had a great showing as the tournaments continue to build.

Junior Women Roster: Savannah Paulhamus, Ava Bayless, Montana DeLawder, Carly Gross, Riley Stoner, Juliana Figueroa, Lily Sherer, Kate O'Brien, Kaitlyn Pegarella, Alexx Ortiz, Grace Coleman, Trinity Monaghan and Alexis Reinert.

14u Girls Roster: Aubre Krazer, Jasmine Eklund, Morgan Edwards, Lexia Schechterly, Savannah Witt, Emily Murphy, Isabella Dias, Avry Ryhal, Charlotte Gilfoil and Abbie Miles.



Abbie Miles made the All-Tournament team for 14u girls going undefeated and avenged her loss in the National Finals in May by knocking off the 14u National Champ from Oklahoma.



Montana DeLawder made the All-Tournament team for the Junior Women going undefeated for the tournament and was instrumental as a team leader for the event.



USA Wrestling Women's National Duals Pictures





Coming up... USA Wrestling Junior Nationals (Fargo)

Cadet and Junior Women will be competing between July 13 and July 17 in Fargo, North Dakota for a women's individual National Championship. Team is listed below and all results can be followed on

2019 PENNSYLVANIA WOMENS FARGO CADET AND JUNIOR NATIONAL QUALIFIERS

ABBYGALE DUKE

ALANNA BARBERIO

ALEXX ORTIZ

AVA BAYLESS

AVIA BIBEAU

BRIDGETTE SCHOULTZ

CATTLYN WALKER

CARLY GROSS

EKTA ARORA

GRACE COLEMAN

GRACE GUNDRUM

GRACE STEM

JULIA DAILEY

JULIANNA FIGUEROA

JUSTINE ZUCHOWSKI

LEXI REINERT

LILY BELLE ROCK

LILY SHERER

MACKENZIE DELVECCHIO

MASSIMA CURRY

MONTANA DELAWDER

PAIGE LENHARDT

RILEY STONER

SAVANNAH PAULHAMUS

TATYANA ORTIZ

TIFFANI BAUBLITZ

TRINITY MONAGHAN



National Girls Wrestling Sanctioning Update

In just the past month several more states sanctioned girls wrestling and recognized it as an individual sport. Those state associations recognized the sport by voting in and approving an Individual State Wrestling Championship for the girls wrestling in their state. The total number of states now sanctioned per Wrestle Like a Girl is 18. Since the beginning of 2019 the following states have established Individual Girls State Wrestling Championships through their State High School Athletic Associations:

Arkansas, Colorado, Kansas, Maryland and New Mexico

Source: <https://wrestlelikeagirl.org/sanction>

Ohio and New York are making strides as well with their state associations, The Ohio High School Wrestling Coaches Association is implementing an individual girls state championship for 2020 and is working with the OHSAA to bring girls wrestling forward and get it sanctioned.

In Pennsylvania it appears as if PIAA does not want to recognize Girls Wrestling as an individual sport and wants to see at least 100 member schools with at least 5-7 girls prior to giving the sport legit interest. This is a fair request if working towards girls wrestling as a team sport but we are still years away from those numbers. Last year over 200 girls wrestled in rooms around the state, do they not deserve a chance to compete in a state tournament to see who the best girl is?

I would advise all those who support girls wrestling begin writing emails and letters to your coaches, athletic directors and the PIAA (you can also contact PIAA here <http://www.piaa.org/contact/default.aspx>)

You can also contact your Congressional and Legislative officials to discuss the state of girls wrestling in PA.

<http://www.piaa.org/about/organization/default.aspx>



Upcoming Wrestling Opportunities

July 11-14

Grand River Rumble

Lansing, MI

<https://www.nuwaywrestling.com/grandriverrumble>

July 24, 2019

NUWAY Summer National Folkstyle Girls Duals

Atlantic City, NJ

We still need girls at 50, 70, 84, 118, 128, 148

Email caymaccad@gmail.com if interested

July 25, 2019

NUWAY Summer National Girls Individual (FS and Folk) Atlantic City, NJ

<https://www.nuwaywrestling.com/summernationals>

August 3, 2019

King of the Beach (Beach Wrestling Tournament)

Seaside Heights, NJ

<http://www.motiveslife.com/wrestling>

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