

Duals in the Den

Nine High School Dual meets in two days!!!

When: August 1st & 2nd 2008

Where: Mifflinburg Area Intermediate School

Who: Any wrestling team or club (No high school graduates)

Cost: \$350 per team

What: Ten teams will compete in a round robin tournament format with each team wrestling nine dual meets in two days.

Awards: Trophies to the top two teams.

Weights: 110, 120, 130, 140, 150, 160, 175, 195, 215, 285

Weigh-ins: Honor System

Wrestling: 5 pm Friday (three matches)

10 am Saturday (six matches)

Teams need to provide own scorekeeper

Concessions will be available all day

Sponsored by the Mifflinburg Wrestling Club

For More Information Contact:

Rob Rowe

Tournament Director

180 Rabbit Hill Rd

Mifflinburg PA 17844

(570)966-4675

Duals in the Den Entry Packet

The Mifflinburg Wrestling Club would like to welcome you to our **Duals in the Den**. Because your team or club has expressed their intent in joining us on August 1st and 2nd, we are sending you this packet with all the pertinent information you will need. Please fill out the forms and return them by the appropriate date so we can finalize things at our end. Below you will find a list of things we will need and the dates they are needed by.

- Payment of \$350 by July 1st
(Payable to Mifflinburg Wrestling Club) _____

- Team information sheet by July 1st _____
- Tentative team Roster by July 1st _____
- Final team roster and weight sheet (at weigh ins) _____

Please send the information to:

Rob Rowe
Tournament Director
180 Rabbit Hill Rd
Mifflinburg, PA 17844

Lodging Options

- Day's Inn-University US Rt 15 Lewisburg (570) 523-1171
- Best Western-Country Cupboard Inn Lewisburg (570) 524-5500