

Welcome to the 3<sup>rd</sup> Annual

# WARRIOR WRESTLING



Summer Duals

MAY 31, 2008  
DELAWARE VALLEY HIGH SCHOOL  
MILFORD, PA

Dear Coaches:

In an effort to bring teams eager to compete against the best teams on the East Coast, Delaware Valley presents the **third** year of what we hope to be the ultimate venue for competitive summer wrestling, the Warrior Wrestling National Open Team Dual Championship. This year, we will run a one-day tournament with a maximum of 16 teams participating; this will allow us to run a competitive and efficient tournament.

The format of the tournament will be dictated by the number of teams participating. As teams enter, I will frequently e-mail coaches to alert them of the changes in format and additional matches. We do know that the first rounds will pair teams from different regions that do not see each other during the winter sport season. Once the teams compete in the first rounds, they will then be seeded out according to talent and record. Each team will receive numerous bouts and leave this tournament satisfied with the mat time and competition level.

Our location lends itself to attracting top caliber teams. We are within 1 hour 15 minutes from tradition-rich Lehigh Valley (PA) and border both New York and New Jersey; this we hope will attract a wide variety of talent. For families, we are within 45 minutes of beautiful Lake Wallenpaupack, Woodbury Commons Shopping Outlets (NY), and Tannersville Shopping Outlets, to just name of few. Accommodations will be sent to participating teams.

Please fill out the attached rosters to the best of your knowledge. One roster will be for the program, while the other is the weigh-in sheet. Keep in mind that this is an open tournament, so students entering 9<sup>th</sup> grade will be able to wrestle. Please fill your roster even if you have to combine with another team or bring in other individual wrestlers. We just ask that your team rating reflects every wrestler in your line-up. Send both forms and a check (made out to "Warrior Wrestling") for \$325.00 to:

Chris Ross  
Tournament Director  
106 Mountain View Court  
Matamoras, PA 18336

Any questions or comments can be e-mailed to [rosskings@yahoo.com](mailto:rosskings@yahoo.com) or 570-491-9060

Yours in wrestling,

Chris Ross  
Delaware Valley Summer Duals  
Tournament Director

## **SCHEDULE OF EVENTS**

### **FRIDAY, MAY 30<sup>th</sup>**

5:00 PM – 8:00 PM

- opening of school for out-of-state teams
- this session will be for weigh-in and work-outs

### **SATURDAY MAY 31<sup>st</sup>**

- A DELICIOUS BREAKFAST WILL BE AVAILABLE TO TEAMS AT THE CONCESSION
- FOOD WILL THEN BE AVAILABLE ALL DAY

7:00 AM – 8:00 AM

- WEIGH-IN

8:30 AM

- COACHES' MEETING

9:00 AM

- WRESTLING BEGINS
- MORE INFORMATION WILL BE SENT AS TEAMS REPLY
- CONTINUOUS WRESTLING THROUGHOUT THE DAY



# Weigh In Sheet

Team: \_\_\_\_\_

Team Rating (1-4) 1. Elite 2. Experienced 3. Building 4. Inexperienced

Your team rating \_\_\_\_\_

Weight Class	Wrestler	Weight	Wrestler	Weight
108	_____	_____	_____	_____
115	_____	_____	_____	_____
122	_____	_____	_____	_____
130	_____	_____	_____	_____
137	_____	_____	_____	_____
143	_____	_____	_____	_____
148	_____	_____	_____	_____
155	_____	_____	_____	_____
163	_____	_____	_____	_____
175	_____	_____	_____	_____
195	_____	_____	_____	_____
215(opt.)	_____	_____	_____	_____
285	_____	_____	_____	_____