



# PWCA

Pennsylvania Wrestling  
Coaches Association

Preserving  
and Promoting  
Wrestling in  
Pennsylvania

Dear PA Wrestling Coach:

The sixth annual **Pennsylvania Wrestling Coaches' Convention – Presented by BRUTE** will be held on – **October 9-10, 2009**. You do not want to miss this Convention. This year's Convention has the potential to be the **BEST EVER!** We have scheduled the best coaches and speakers in Pennsylvania – maybe in the Nation.

College Coaches:

- John Smith (Oklahoma State)
- Lou Rosselli (Ohio State; Olympian and US World Team Coach)
- Brain Smith (University of Missouri)
- Henry Cejudo (Olympic Gold-Medalist)
- Joe McFarland (Michigan)

High School & Club Coaches:

- Jeff Buxton (Blair Academy)
- Tim Giel – Shady Side Academy - (AA Coach of the Year)
- Jeff Sweigart – Central Dauphin - (AAA Coach of the Year)

Special Speakers:

- John Smith
- Doc Hosage (PIAA Rules Interpretation)
- John Purnell

All of these coaches will be here to share their knowledge and expertise on the following topics: Technique; "Peaking" Your Wrestlers for the Post-Season; Rules; Question & Answer; and how to improve yourself as a coach. This Convention has a mission to improve Pennsylvania wrestling by being the best Convention in the Country – giving coaches access to the best coaches and trainers we can find.

Coaches all know the best way to improve their wrestlers is to have them practice with and wrestle great competition – **steel sharpens steel**. This concept also applies to coaching – come learn from the best – have fun – and rub elbows with the greatest personalities in wrestling.

Back by great demand: We will have our buffet dinner for the Friday night coaches' social, as well as breakfast and lunch buffets and banquet on Saturday.

When: Friday, Saturday (October 9 & 10, 2009)

Where: Holiday Inn – Grantville, PA

Brochures/Registration Forms: Watch your mail and obtain forms on BRUTE's website: [www.brutewrestling.com](http://www.brutewrestling.com).

Questions & Brochures: email: [fiskwk@epix.net](mailto:fiskwk@epix.net)

'See you in October!

- Walt

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