

# Kicking Off Your Season

*Provided by the PIAA, NWCA, & FloSports*



# IMPORTANT DATES IN THE PIAA SEASON

**First assessment date:** Friday, October 20

**Last assessment date:** Monday, November 27  
(late assessments may occur up until January 15)

**Appeal deadline date:** Thursday, November 30

(appeals can be made after 11/30 so long as a wrestler has not participated in a contest)

**Growth allowance date:** Monday, December 26

**Minimum wrestling weight lock date:** Friday, February 16

# KICKING OFF YOUR SEASON: YOUR ROSTER

-You will be sent your login directly from TrackWrestling. The schedule for login emails to be sent out is as follows:

- HS Boys Team Admin-September 5
- HS Girls Team Admin- September 8
- MS Boys Team Admin- September 18
- MS Girls Team Admin- September 20
- Hs Assessors- September 25
- MS assessors- September 28

-Always start with importing your roster from last season

-Video Link: [How to Import Your Roster from last season](#)

-Then add new additions

-Video Link: [Adding New Wrestlers to your Roster](#)

# KICKING OFF YOUR SEASON: ASSESSMENTS

Assessor Practice Transactions: [How to Video](#)

Viewing a wrestler's Alpha Master: [How to Video](#)

PIAA RULES ON ADMINISTERING ASSESSMENTS: [Link](#)

# KICKING OFF YOUR SEASON: YOUR SCHEDULE

To Add a Dual Meet: [How to Video](#)

To Add an Individual Tournament: [How to Video](#)

To Add a Multi-Dual Event: [How to Video](#)

-Please note: Once you add a team to an event, it shows up on their schedule to “accept.” You can accept events versus adding a second one to avoid duplicate events and results.

PIAA RULE - Schedules must be completed by Monday, November 27

# KICKING OFF YOUR SEASON: WEIGH-INS

Creating a Weigh-In Sheet: [How to Video](#)

Entering and Committing Weights: [How to Video](#)

**PIAA RULE on weigh in entry:** It is the responsibility of each senior high head coach, or their designee, to record all weigh-ins and results within 24-hours following the completion of the event (junior high coaches, or designees, are required to record weigh-ins only within 24-hours following completion of an event).

Schools will be prohibited from generating a pre-match weigh-in form for their next contest if the previous match information is not recorded. NOTE: To accommodate multiple-day events, no more than one (1) open weigh-in is permitted in order to print a subsequent weigh-in form.

# Method of Counting Competitions & Additional Wrestlers

A PIAA member school is permitted to participate in a maximum of twenty-two (22) Regular Season wrestling Contests based on the following method of counting Regular Season wrestling Contests:

- a. **One (1)** Contest for each dual meet.
- b. **Two (2)** Contests as follows:
  1. for each triangular meet; or
  2. for each individually or Team bracketed Tournament involving no more than 8 Teams wrestled to place.
- c. **Three (3)** Contests as follows:
  1. for each quadrangular meet;
  2. for each individually or Team bracketed Tournament involving at least 9 Teams wrestled to place; and
  3. each one-day team or individual pool or round robin event. A PIAA member school may participate in no more than two (2) team or individual pool or round robin events, excluding triangular or quadrangular meets, during the Regular Season.
- d. Multiple Day Combination Events (Round/Robin and Bracketed) competition points and/or team or individual pool or round robin events competition points are the aggregate of b and/or c, as appropriate.
- e. All of the foregoing must be compliant with NFHS Wrestling Rule 1, Competition, Section 4, Representation, Article 3, which provides for no wrestler to represent that wrestler's school in more than one weight class in any meet or wrestle in more than six matches (championship or consolation), excluding forfeits in any one day.

## **Additional Wrestlers in Tournament Competition:**

- a. In senior high wrestling competition Varsity Regular Season Individually bracketed tournaments with 9 or more teams, a team may at the discretion of the Tournament Director, enter an additional wrestler, per weight class without counting as additional Team Competitions.
- b. At the sub-varsity level, a Team may enter up to three (3) contestants per weight class, in an individual tournament, without counting additional competition points.

# KICKING OFF YOUR SEASON: YOUR BENEFITS

**-LIVE Dual Meet scoring is FREE on TrackWrestling: [How to Video](#)**

**-All OPC Subscribers are also  
NWCA Members!**

**-Please go to  
[NWCAonline.com](https://www.nwcaonline.com),  
navigate to MEMBERSHIP  
in the top right and explore  
our members-only portal.**

**GOOD LUCK this season!**

