

JOURNEYMEN WRESTLING CLUB DUALS

5th Annual – May 30th 2009 -Shenendehowa HS (East) Clifton Park NY



8 Mats, 5 Quality Duals per Team, Done by 6 PM.

How Tournament Works:

FOLKSTYLE - Traditionally we've been hosting our duals in early September, but football season has acted as a deterrent for some teams to participate. This year we'll move this wrestling extravaganza to late May and act as a tune up for the BRUTE / NWCA Scholastic Showcase Duals.

**Although not a prerequisite, ideally we'd like teams or clubs to participate that are looking to develop their particular program. We'd like teams to shy away from being made up "recruits" from a vast geographical area and not actually being a club member or a high school team.*

Format - The Tournament will be formatted to guarantee each club four to five duals. Only 16 teams will be permitted to participate. 7 through 12 graders are eligible (7th and 8th graders must be selective classified – Competed at the JV / Varsity Level) – The 16 teams will be broken up into 4 four team pools. Once the winners of the pools are determined, cross over matches will determine the next two bouts. **Graduating seniors are allowed to participate.**

Seeding – It is imperative that clubs indicate the most recent National, State or Sectional place finishing next to their name. Clubs will be separated based on this information to make 2 balanced pools.

Weigh Ins –

Shenendehowa High School East –

6:30 – 7:30 PM (Friday May 29^h 2009) or 7:00 AM – 8:00 AM (Saturday May 30th 2009)

Wrestling:

Begins May 30th at 9:00 AM Sharp on 8 mats

Round 1 9:00 AM – 10:45 AM, Round- 2 - 10:45 AM – 12:30 PM , Round 3 - -12:30 PM – 2:15 PM, Round 4 (Winner of Pool 1 vs Winner of Pool 2, etc), 2:15 PM – 4:00 PM, Round 5 – (Winner of Gym 1 vs Winner of Gym 2, etc), 4:00 PM – 5:30 PM

Entry Fee:

\$400.00

Includes

- a. Wrestlers
- b. 3 coaching passes
- c. 1 Table worker pass
- d. Spectators / Parents: \$5.00
- e. Send Entry Fee (\$400.00) by May 12st 2009 to:

**Journeyman Wrestling Club
2220 Balltown Rd.
Niskayuna, NY 12309**

Accommodations:

Block of 60 rooms are available at:

The Holiday Inn Schenectady @ \$85.00 per night for 2 double beds

Holiday Inn Express, Hotel & Suites

18 Clifton Park Village Rd. Clifton Park, NY 12065

T: 518-579-3000 F: 518-571-4570

Please ask for Anne in group sales and reference Journeyman Wrestling

Rules –

- 1) **Each wrestler and their parent must print and sign the attached waiver!**
- 2) NO CLUB JUMPING (Day of Tournament)
- 3) Periods are 2:00, 1:30, 1:30 minutes
- 4) Each team should consist of
- 5) 15 Wrestlers, 4 Alternates, 1 Head Coach, 2 Assistant Coaches and 1 Table Worker.
- 6) Each team will be responsible to provide one timer or one scorer for each of their team's dual meets.

JOURNEYMEN WRESTLING CLUB DUALS

Registration Form

<u>Weight</u>	<u>National, Sectional or State Place finish</u>
105 _____	_____
112 _____	_____
120 _____	_____
125 _____	_____
130 _____	_____
135 _____	_____
140 _____	_____
145 _____	_____
152 _____	_____
160 _____	_____
167 _____	_____
177 _____	_____
189 _____	_____
225 _____	_____
285 _____	_____
Extra _____	_____
Extra _____	_____
Extra _____	_____
Extra _____	_____

Weight Classes:
105, 112, 120, 125, 130, 135, 140, 145, 152, 160, 167, 177, 189, 225 and 285

Contact Info:

Frank Popolizio (Journeyman Wrestling) 518-374-3901 or Frankiepesce@hotmail.com

Participant's Waiver and Release from Liability

1. I, _____, the undersigned, on behalf of myself, my heirs and next of kin, personal representatives, agents, insurers, successors and assigns (all hereinafter "Releasors") hereby FOREVER RELEASE, DISCHARGE AND COVENANT NOT TO SUE Journeyman Wrestling Club, Ltd., its insurers, its affiliated clubs, administrators, agents, directors, officers, state organizations, members, committees, volunteers, all employees of Journeyman Wrestling Club, Ltd, and any and all participants, officials, referees, coaches, host clubs, sponsoring agencies, sponsors, advertisers, local organizing committees (and if applicable) owners, lessors and operators of premises used to conduct any Journeyman Wrestling Club, Ltd sanctioned event, meet, practice or activity (all hereinafter "Releasees") from any and all liabilities, claims, demands, causes of action or losses of any kind or nature, past present or future, direct or consequential that I may hereinafter have for PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, arising out of my participation in, attendance at or traveling to and from any Journeyman Athletics, LLC sanctioned event or activity including, but not limited to, LOSSES CAUSED BY THE PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used. 2. Releasor understands and acknowledges that Journeyman Wrestling Club, Ltd activities and the sport of wrestling in general have inherent dangers that no amount of care, caution, training, instruction, supervision or expertise can eliminate. RELEASOR EXPRESSLY AND VOLUNTARILY ASSUMES ALL RISK OF PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, sustained while participating in, attending, preparing for or traveling to and from any Journeyman Wrestling Club, Ltd sanctioned event, meet, practice or activity, including the risk of PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used. 3. Releasor acknowledges and fully understands that each participant in any Journeyman Wrestling Club, Ltd sanctioned event, meet, practice or activity, including Releasor, will be engaging in activities that involve risk of serious injury, including permanent, temporary, total or partial disability, disfigurement, paralysis and any other losses to person or property, including death, and that severe social and economic losses may result not only from Releasor's own actions, inactions or negligence, but also from the actions, inactions or negligence of others notwithstanding the rules of play or the condition of the premises or of any equipment used. Further Releasor acknowledges and fully understands that there may be other associated risks with such activities which are not known or not reasonably foreseeable at this time.

I ACKNOWLEDGE THAT I HAVE HAD SUFFICIENT OPPORTUNITY TO REVIEW THE PROVISIONS OF THIS DOCUMENT AND UNDERSTAND ITS PURPOSE, MEANING AND INTENT.

(Signature of parent or legal guardian) (Date) (Print Name) (Relationship to minor)