

**TABLE II – Schedule of Winter Sports**

The schedule of winter sports listed below is effective for all PIAA member schools. Junior high/middle schools may elect to follow this schedule for each sport, or they may elect to follow an alternate schedule for each sport. If junior high/middle schools elect to follow an alternate schedule, they may not reduce the minimum length of Preseason Practice in each sport and they may not exceed the maximum length of Regular Season in each sport.

Winter Sports	First Practice Day	Minimum Length of Preseason Practice (See NOTE 1)	First Inter-School Practice or Scrimmage Day (See NOTE 2)	Maximum Number of Regular Season Inter-School Practices or Scrimmages	First Regular Season Contest Day	Maximum Length of Regular Season	Maximum Number of Regular Season Contests (See NOTES 3 & 4)	Last Regular Season Contest Day (See NOTE 5)	PIAA District/Region Deadline	PIAA Championships Deadline
<b>Rifle</b>	See Table of Labor Day Occurrences	10 days within 2 weeks	6 <sup>th</sup> Day of Winter Sports' Season	2	15 <sup>th</sup> Day of Winter Sports' Season	11 weeks	16	90 <sup>th</sup> Day of Winter Sports' Season	90 <sup>th</sup> Day of Winter Sports' Season	N/A
<b>Indoor Track</b>	See Table of Labor Day Occurrences	15 days within 3 weeks	6 <sup>th</sup> Day of Winter Sports' Season	2	19 <sup>th</sup> Day of Winter Sports' Season	11 weeks	16	97 <sup>th</sup> Day of Winter Sports' Season	97 <sup>th</sup> Day of Winter Sports' Season	N/A
<b>Girls' Gym-nastics</b>	See Table of Labor Day Occurrences	15 days within 3 weeks	6 <sup>th</sup> Day of Winter Sports' Season	2	19 <sup>th</sup> Day of Winter Sports' Season	11 weeks	16	97 <sup>th</sup> Day of Winter Sports' Season	97 <sup>th</sup> Day of Winter Sports' Season	N/A
<b>Bowling</b>	See Table of Labor Day Occurrences	10 days within 2 weeks	6 <sup>th</sup> Day of Winter Sports' Season	2	15 <sup>th</sup> Day of Winter Sports' Season	16 weeks	22	125 <sup>th</sup> Day of Winter Sports' Season	125 <sup>th</sup> Day of Winter Sports' Season	N/A
<b>Wrestling</b>	See Table of Labor Day Occurrences	15 days within 3 weeks	6 <sup>th</sup> Day of Winter Sports' Season	2	19 <sup>th</sup> Day of Winter Sports' Season	11 weeks	22 (See NOTE 6)	97 <sup>th</sup> Day of Winter Sports' Season	97 <sup>th</sup> Day of Winter Sports' Season	111 <sup>th</sup> Day of Winter Sports' Season
<b>Swimming and Diving</b>	See Table of Labor Day Occurrences	15 days within 3 weeks	6 <sup>th</sup> Day of Winter Sports' Season	2	19 <sup>th</sup> Day of Winter Sports' Season	11 weeks	18	97 <sup>th</sup> Day of Winter Sports' Season	104 <sup>th</sup> Day of Winter Sports' Season	118 <sup>th</sup> Day of Winter Sports' Season
<b>Basketball</b>	See Table of Labor Day Occurrences	15 days within 3 weeks	6 <sup>th</sup> Day of Winter Sports' Season	2	19 <sup>th</sup> Day of Winter Sports' Season	11 weeks	22	97 <sup>th</sup> Day of Winter Sports' Season	104 <sup>th</sup> Day of Winter Sports' Season	125 <sup>th</sup> Day of Winter Sports' Season

**NOTES:**

- ARTICLE XII, Section 2 (the "Six Day Rule") continues to apply.
- The first Inter-School Practice or Scrimmage may be held after the fifth (5th) day of Practice.
- With the exception of invitationals and/or Tournaments sponsored by at least one PIAA member school and involving only PIAA member schools, and conference or league championship Tournaments**, all Regular Season invitationals and/or Tournaments in all sports involving individual athletes and/or Teams must be approved by PIAA at least four (4) weeks or twenty (20) business days prior to the first day of competition.
- With District Committee approval**, Contests that are required to be played in order to determine qualifiers to District Championship Contests and/or Contests that are required to be played to determine a conference or league champion shall not count toward the maximum number of Regular Season Contests in that sport and shall be played by the District Deadline in that sport.
- Individual athletes and/or Teams that have qualified for District Championship Contests **and** have concluded participation in their Regular Season Contests are permitted to engage in an unlimited number of Inter-School Practices or Scrimmages in the sport involved until the individual athletes and/or Teams are eliminated from District or Inter-District Championship Contests.
- A PIAA member school is permitted to participate in a maximum of twenty-two (22) Regular Season wrestling Contests based on the following method of counting Regular Season wrestling Contests:  
 One (1) Contest for each dual meet.  
 Two (2) Contests for each triangular meet or for each individual Tournament involving up to 8 Teams.  
 Three (3) Contests for each quadrangular meet, for each one-day Multiple School (Dual) Event, or for each individual Tournament involving 9 or more Teams.  
 Four (4) Contests for each two-day Multiple School (Dual) Event; and two (2) additional Contests for each additional day of a Multiple School (Dual) Event.

**INTERPRETATIONS****October 5, 1984, as amended January 29, 2005.**

If a school receives a forfeit from an opponent, the school receiving the forfeit may schedule another Regular Season Contest in lieu of the forfeited Contest. The school shall then use the results of the played Contest, rather than the forfeit, for its record. The forfeiting school shall still record a loss by forfeit.

**October 5, 1984.**

The minimum length of Preseason Practice that PIAA requires in each sport applies to the Team, not each individual participant in the sport. Once a Team has completed the minimum length of Preseason Practice required in a sport, whether or not an athlete who has completed less than that amount of Preseason Practice in the sport may participate is a matter left to the discretion of the PIAA member school.